Mt. Kilimanjaro & Safari Experts

# Kilimanjaro - Lemosho 8days/7nights- crater camp

Please check your arrival/departure flight information, daily itinerary, gear rentals, etc. in the itinerary below closely to be sure everything is correct. Please let Lema know immediately in case of any errors or anything is missing or has changed. You should carry this information on your arrival flight, in carry-on (not checked) luggage, along with your hiking boots (for climbers), medications, and a few clothing and other items you would need to start your trip if checked luggage was delayed (unfortunately common) or lost.

#### **Contact numbers:**

Remember texting can work better than calling sometimes in Tanzania, but even that sometimes takes more than one try to get through due to unreliable network. Also international group texts don't usually work, so only text one person/number and then you can forward that message to other numbers if needed.

**Serengeti Pride Safaris Office Cell Phone in Tanzania.** \*\*\*This is the best number to call or text, for last minute travel delays, and any urgent contact needs while you are in Tanzania or en route

You can call or text (no voicemail in Tanzania):

From within Tanzania: 0 755 702 444 (call/text)

From the USA: 011 255 755-702 -44 (from other countries, often you need to use + instead of 011)

Emergency contact number: Lema Peter in Tanzania.

From within Tanzania 0 783 482 748 (call/text) or 0 767 482 748

From the USA: 011 255 783 482 748 or 011 255 767 428 748 (from other countries, try + instead of 011)

\*\*\* Lema is not always reachable, due to guiding schedule and remote locations.

Arrival procedures (by plane) and what to do if you are delayed: If you arrive at the airport you must fill out an arrival form, and purchase your visa if you didn't get it in advance. Be sure you get in the correct line for "need visa" vs. "have visa already" and check in advance – a few countries required "referred visas" i.e. obtained in advance of arrival but not for UK, USA or Canada passport holders. Everyone must fill out the arrival form, get your passport stamped by immigration control (they also take a photo and digital fingerprints), then pick up your luggage, then exit the airport and meet our driver. On the arrival card that asks where you are staying simply list your first night hotel/lodge and put "Arusha" for the address. Put our name/number for the local contact. Please have this information sheet/itinerary with our contact information



### Mt. Kilimanjaro & Safari Experts

available at Immigration. Also have \$50-\$100 cash US Dollars ready if getting a visa on arrival instead of in advance (the visa is \$100 USD for US citizens and \$50-\$100 USD for other countries). Next, you'll get your luggage. If there is any delayed luggage, see luggage section below. Once you are ready to exit the airport, you will find just outside the airport exit door our driver waiting with a sign that says "Serengeti Pride" (look for our logo) and/or your name(s).

If you are significantly delayed en route (such as a missed connection), if possible please call or text Serengeti Pride Safaris (Tanzania office cell phone number-most important) and Erika (if possible) to advise your new arrival time so we can arrange airport pickup. Unfortunately, phone networks in Tanzania aren't always 100% reliable so if you arrive at the airport at a time when we are not there due to your travel delays, you can call us to try to arrange pickup at the airport at that time but if you don't make contact, you may need to hire a taxi to take you to your lodge. EMAIL IS A LAST RESORT TO NOTIFY US OF DELAYS – WE MAY NOT GET YOUR EMAIL IN TIME TO HELP.

Sometimes luggage is delayed. Keep your checked luggage tags available – you will need them. If a luggage delay happens, you will have to stand in line at a window in the luggage area, to fill out forms describing your luggage (before you meet anyone from our company). Usually delayed luggage arrives on the next day's flight. Ask the airline representative to deliver your bag to your lodge (if you will be there at least 24 hours), and give them our

SPS office cell phone as the local contact (see above). If you are leaving on a safari or climb in less than 24 hours, tell them that Serengeti Pride will pick up your bag when it arrives (so it doesn't get delivered to your lodge after you depart). Ask your driver or guide to let SPS headquarters know right away that your luggage has been delayed.

Be sure to keep your copy of the lost luggage form and baggage claim tickets with tracking numbers, which you and/or our staff will need in order to claim your luggage later.

Currency: The local currency is the Tanzania Shilling, however US Dollars are widely accepted (except \$100 USD bills more than 10 years old - so check dates on one hundred dollar bills and do not bring if older than 10 years).

Change is usually given in local currency. Bills should be in good condition, no writing or tears. There is a currency exchange right outside the luggage area of the airport if you wish to change money on arrival (just before you meet our guide/driver), however if you have US Dollars it's not usually necessary since most places accept USD.

The exchange rate is better at the currency exchanges in town than at the airport, but depending on your schedule getting into downtown Arusha may not be worth the hassle and possible transportation expense so people not highly concerned about the exchange rate but wanting some local currency might change a little money at the airport. You will sometimes get a better price with local currency for souvenirs, drinks, etc. in lodges or shops or on the street. So, if you want to watch your budget carefully, change some money in town if you get a chance, if not change a



### Mt. Kilimanjaro & Safari Experts

little at the airport (\$50) for convenience or don't change any at all. If bringing Euros, Pounds Sterling or Canadian dollars, you should change some money into Tanzania Shillings since those currencies are not accepted as widely as US Dollars. Other currencies are often not accepted.

**Photography:** Do not take any photos of military or police activity/exercises or personnel, military or government buildings, bases, etc. This is illegal in Tanzania and could lead to your camera being confiscated or to your arrest. If unsure, ask your guide before taking a photo. When you are places that we arrange to visit in a home or village, taking photos of individual people in their daily life is usually OK. This includes situations such as taking photos at the school if we take you for a school visit, taking photos of people at a Maasai village if you have already paid to visit that village, etc. However, in general people you don't know in Tanzania as you are walking/driving around prefer you don't take their photo and consider it rude, or in tourist areas like near Ngorongoro they may insist you pay them for their photo. If you ask someone if you can take their photo and they say yes, they may ask for payment - and that may be before or after you take their photo. When in doubt, ask your guide. If you are driving past villages etc it may be possible to take photos out the window without being noticed but try to avoid obviously taking photos of people out of respect for their wishes and privacy.

**Clothing:** Dress is casual while traveling with Serengeti Pride, except at some very upgraded lodges and camps.

Tanzania has a mixed population of Christian and Muslim people in the Arusha area, and is highly Muslim on the coast (Dar Es Salaam and Zanzibar). To avoid problems and out of respect for local people, please dress appropriately in public places. Women are advised not to wear short skirts or short shorts in public (i.e. outside your hotel/lodge grounds), and not to wear bathing suits in public except at the beach/pool. Men should wear shirts except at the pool or beach. It's especially advised for women to wear long pants or long skirts (below the knee) and be fairly modestly dressed while in public places (outside your hotel/lodge grounds) on Zanzibar and in coastal areas. There, culture and religion mesh such that female modesty is important and religious/cultural conflict should be avoided for safety reasons. However, on the grounds of tourist lodges and hotels this is less of a concern.

**Security**: Tanzania is a relatively stable and friendly country but like at home, one should use common sense and secure your valuables. DO NOT LEAVE ANY MONEY, PHONES OR VALUABLES IN YOUR ROOM, TENT, OR LUGGAGE –

THE RIGHT PLACE FOR VALUABLES IS ON YOUR PERSON, IN YOUR WALLET/PURSE/BACKPACK AT ALL TIMES. If you do a walk or excursion on your own, ask your lodge staff or guides for advice on where is safe and how to get there and back (taxis are available from the lodges except in safari parks). It's OK to walk around for sightseeing or shops in busy parts of villages/towns (keeping your valuables close to you/passport and money holder under your clothes) but please stay on main roads/populated areas and daylight hours. Walking alone or in small groups on isolated roads even near lodges, even in daylight, is not



#### Mt. Kilimanjaro & Safari Experts

considered a good idea nor is walking at night; ask us or your lodge to arrange a guide for you. Please keep your valuables with you at the lodge and on the climb and do not leave your wallet/purse/camera unattended (this is a poor country and we don't want to put temptation in anyone's path). That said, this is a very welcoming country so just use common sense about safety and valuables and you should be fine. Almost everyone is friendly and helpful, but like at home, petty crime can be targeted at tourists and most tourists do stand out in a crowd in Tanzania.

**Electricity:** If you bring anything with a plug, you may need an adapter for the local outlets. British (UK) 3 prong style is in most lodges. However due to differences in voltages and possibly damage to your electronics, you may want to bring a converter which includes adapter plus voltage protection (example is at: http://www.walkabouttravelgear.com/elect.htm). If you are bringing anything with a US three prong (grounded) plug check that your adapter accepts that as some only accept two prong US plugs.

Hot water: You should have hot showers at lodges, but sometimes it's a challenge to get it to work in Africa. If you don't get hot water when you run your shower ask staff for help since it may be you need to leave the water running for several minutes to clear the pipes, or the hot water handle could be the opposite side than you expect, or there could be an adjustment needed by the staff. Some properties have a hot water switch just outside the bathroom, which needs to be on (light on) for a while to heat up water. If nothing fixes this or other infrastructure problems (such as lack of power in one room but not others), ask the lodge for a room change earlier rather than later. And, please notify us so we can troubleshoot. At Classic safari camps, hot showers are available but at many camps you need to ask the camp staff to bring hot water by bucket to fill your shower tank. Budget camping safaris rely on the public facilities available, and if they include showers they may be hot or cold (probably cold).

# **Communication during the trip:**

Between you and your loves ones: Please, please tell your friends and family that "no news is good news". Most Arusha area lodges and some safari lodges have wifi, but it's very unreliable and sometimes doesn't work for days at a time. Safari camps usually have no wifi. Mount Kilimanjaro is very unreliable as connection depends on location (lots of forest and valleys interfere), weather, local infrastructure demand (sometimes messages just don't go through), etc. No matter how much you read online that someone could send and receive calls and messages every day while in Tanzania, just as often due to cloud cover, busy local network, or incompatible systems travelers could not get a message in or out. To avoid us getting panicked calls asking how you are doing, tell friends and family not to expect communication but that you'll try, and again "no news is good news". GROUP TEXTS usually don't work for international travelers; instead, choose one person to text updates to and ask them to forward to everyone else. iMESSAGE can cause a lot of problems, since phones on each end get confused whether to send and/or receive in text vs. imessage form depending whether you are on wifi vs. cell/data (moving beteen lodge, town, mountain, safari, etc). We suggest checking each message



### Mt. Kilimanjaro & Safari Experts

carefully to make sure it sent, and if you don't get a reply send again later. Those with iphones, may need to click each message and hit "send as text message" in case it went as a failed imessage.

Communication by Serengeti Pride in case of emergency: Your Kilimanjaro mountain guides have many ways to reach the office in case of emergency; including cell and/or satellite phones, radios, and rangers (porters can be sent to nearby ranger stations whose radios are stationary wired to reach long distances). Your Safari guide usually has a Serengeti Pride cell phone for the same purposes, as well as vehicle radio to reach other drivers/rangers. While on your climb or safari, if you have any concerns or are unhappy with anything, simply ask your guide to let you use the Serengeti Pride cell phone (in an area of reception) to put you in contact with Lema or the Serengeti Pride office team. If you have any safety concerns, logistical issues, vehicle concerns, guide concerns, etc we want to hear them while we can address and resolve the situation immediately rather than after the trip (however please note it's almost never possible to change lodging mid-trip). It's rare for a client to have such a concern, but we want to know immediately if they do so please reach out if necessary. Otherwise, we'd love an email from you afterwards letting us know your favorite parts, best experiences, and any other feedback.

Your itinerary follows – please check it carefully and let us know if you see anything that is not correct. We at Serengeti Pride look forward to welcoming you to Tanzania!

Sincerely,

Lema Peter

# **Rooming/guest list:**

Room types: Double rooms usually have one large bed; twin rooms have two smaller beds. Single rooms may have one big or two small beds at the lodge's discretion. Triple rooms have 3 smaller beds unless a family requests one large plus one small bed.

Costs (what's excluded): Please note our prices exclude tips/gratuities, travel visa, drinks and bottled water in lodges and on classic safaris, personal items (bottled water IS provided on budget camping safaris because you may not have an option to purchase). Lodges and safari camps typically provide a small bottle of water for brushing teeth but you need to purchase your drinking water (stopping at a local store to buy a case and take on safari can be cheaper). We don't recommend drinking tap water even if you treat it with tablets/drops. We don't provide bottled water on Classic safaris because cases of water take up too much space in the car, and because we find that there are many more wasted plastic water bottles (half full) when we provide vs. when travelers purchase themselves. Plastic waste is a big problem in Tanzani, with minimal recycling available. Please mark your water bottle since they all look alike. When you charge bottled water, drinks, etc to your rooms at lodges/camps, please be sure to pay your bill at

### Mt. Kilimanjaro & Safari Experts

checkout. On the mountain, we filter your water but it's very important you also treat it (drops or pills or UV light) in your water bottle in case of filter failure (this can happen in cold, high environment and is not immediately apparent).

#### TIPPING SUGGESTIONS – SERENGETI PRIDE SAFARIS (Amounts In US Dollars)

Amounts can be reduced or increased as you wish. If you are part of a very small group (2 or less on safari, 4 or less on a climb), or traveling over Christmas, if your budget allows we suggest tipping higher but this is not obligatory. All crew receive salaries as well as tips, but tips are of course an important part of their budgets.

Kilimanjaro climb tipping for 8-9 day climb (adjust if your climb length is different)

SPS Expedition Leader (who is your lead local guide) \$100-125 total per participant – given to him individually at end of climb (last night or last morning).

Mountain crew (the rest of your crew including all other guides, cook, porters): \$20-\$35 per participant per day total, divided among the crew (you can chose to divide & give to each person, but for groups it's a lot less overwhelming and time-consuming for the group to pool their tips, total the "crew amount", and hand it to the representative of the crew, in front of the crew, stating clearly the total amount in the envelope and stating that the head guide tip is separate. The crew has a formula to divide it up that is supervised for fairness. \$20-\$35X8 days = \$160-280 total per participant. 9 day climb = \$180-\$315 total per participant.

Driver tip for drive to Kilimanjaro trailhead—optional, up to \$5 per participant each way = \$10 total

Total Kilimanjaro climb tipping (8 days): \$270-\$415 (8 days), \$290-\$450 (9 days) Safari tipping:

Hotels: around \$1.00 per bag to each staff carrying a bag to/from your room, or make that part of a group tip to the staff tip box, of \$5 USD per night into the group tip box at the hotel/camp to be divided among all staff. In small camps with personal service, a higher tip may be appropriate.

Safari Driver (safari guide) \$10 per participant per day; the same amount is suggested for the cook on a budget camping safari.

Driver tip for pick up at airport and dropoff at airport (optional) up to \$5 per participant each way, if different day than your safari days.

Total: Varies by safari length.

Please note: Tipping is usually in USD, although Euro can be used if needed. Bills should be in good condition, and \$100 USD bills must be less than 10 years old.

Mt. Kilimanjaro & Safari Experts

# Lemosho Route 8days/7nights crater camp

## Aug. 30th: Arrival JRO to the Osiligilai Lodge

Welcome to Tanzania. Serengeti Pride safaris Driver will meet you at the airport and Transfer to Osiligilai Maasai lodge on the Western side of Mt. Kilimanjaro. – Osiligilai Maasai lodge.

# Aug 31th: Arusha National Park – Osiligilai Maasai lodge

Please enjoy your first good morning songs with and amazing melodies from the birds of the savanna land. It is more than an alarm clock. Since many of you will be tired from a long flight, we will let you sleeping but tea and coffee will be available from 6am. At around 10am, we will drive for few minutes to Arusha National park for your first African Safari experience. Wear you comfortable shoes for a short walking safari experience accompanied by the park rangers. This park is a home for over 500 bird species with a chance to see flamingos around Momella Lakes. On a walking safari, you will get a close look of Buffaloes, Giraffes plus many more.

Before Dinner, you will experience a good Maasai Dance for the Maasai families around the lodge then storytelling around camp fire after Dinner.

Meals: BLD

Accommodation: Osiligilai Maasai lodge

# Sept 01: Climb Briefing /Gear checking/ Maasai Cultural excursion- West Kilimanjaro

After breakfast, you climbing guides will seat down for climb briefing and grear checking to make sure that each has the right and ediquet gear for the climb. At 10 am, we will drive to a village near Tinga Tinga to visit MAA Eagles Foundation for Women and Children (Education & empowerment of Women)

This is a 1-1.5 hour drive from the lodge. On your way to Tinga Tinga you will most likely be enjoying amazing various wildlife.

MDWC is running a pre-school and support the Maasai to establish Namayani English Medium School. We truly believe that education will give the Maasai children hope for a better future. During the visit you will be able to take part in the school activities and play with the children. The children really love to get visitors and their beautiful smiles and trusting behavior will make this a memorable day.

You will also visit the local women group, and see how they make traditional Maasai jewelry like necklaces and earrings etc. They will be happy to show you how to make their unique beads work.

## Mt. Kilimanjaro & Safari Experts

This will be a full day activity, and you will be served lunch in Tinga Tinga. You will be back to the lodge before sunset.

Meals: BDL

Accommodation: Osiligilai maasai Lodge

## Sept 02: Lemosho Glades

From your lodge, we will make our way to the Londorosi gate on the Western side of Mt. Kilimanjaro (a few hours' drive from Arusha). We will begin our hike at the Lemosho trail head after climbers and porters sign in at Londorosi gate, the load is weighed, etc (please be patient as the process at the gate can take quite a while, typically 1-2 hours at each park gate whether at Kilimanjaro or on safari). Usually you will eat your lunch at the gate to help pass this time. After driving a bit farther, we will hike for about 4 hours to the forest camp. In the forest, exotic moss and flowers delight the eye while bird calls entertain the ear. You may see Black and White Colobus monkeys as well as signs of the elephants that travel in this area. We will overnight at Forest Camp. Today, like all days, you should have your headlamp in your backpack just in case of unexpected delays (it gets dark early in the forest).

Hiking: 4-5 hours

Overnight Altitude ~8,817

# Sept 03: Shira Plateau

As we leave the Montane Forest and enter the Hagenia zone, our views open and we will catch our first views of the Kibo peak. This is a good acclimatization hike, as we go up and down several ridges along the way to our highest point of the day at 11,500' before descending to camp.

Overnight at Shira 1 Camp

Hiking: 6-9 hours

Overnight Altitude 11,300'

# Sept 04. Moir Camp

We will traverse the Heath zone of the Shira Plateau and begin climbing the western slope of the Kibo Massif.

Along the way, we will enjoy a picnic lunch near Scott Fisher memorial camp (the well-known Mt. Everest guide).

### Mt. Kilimanjaro & Safari Experts

We will continue on to the upper heath zone and Moir camp. Depending on the weather, acclimatization hikes can be arranged in the late afternoon.

Hiking: 5-6 hours

Overnight Altitude: ~13,650

## Sept 05: Barranco Camp

We leave the heath zone and enter the alpine zone as we hike around 6 hours past Lava Camp (up to nearly 15,000' for acclimatization) with its volcanic landscape and then down into the scenic Barranco Valley to camp.

Hiking: 6-7 hours (possibly longer if climbing Lava Tower which is weather, time, and energy dependent)

Overnight Altitude: ~13,500'

## Sept 06: Barafu Camp

Ascend the Great Barranco Wall with views of Kilimanjaro's ice fields, then hike up and down across some small valleys on your way to Barafu Camp. After settling into camp, we'll have a demonstration on use of safety equipment such as the Gamow (hyperbaric) bag and oxygen if not done already. Although other groups doing the midnight ascent will only get a few hours of rest after an early supper, you will have the full night in Barafu camp and a morning departure tomorrow.

Hiking: 6-8 hours

Overnight Altitude: ~15,100'

# Sept 07: Crater Camp

Even though the distance is relatively short, today's hike is challenging due to high altitude. We climb for around 6-8 hours to Stella Point (views into the Crater and of surrounding Africa) then another hour into and across the Crater to camp in view of the glaciers. If time and energy permit, hike to the inner ash pit this afternoon, or walk around the small glacier near camp.

Hiking: 6-8 hours

Overnight Altitude: 18,500'

## Sept 08: – Summit and Mweka Camp,

Summit day! We usually start our ascent to the summit (19,340ft - 5,896m) around 6:00 am (when it's starting to get light - perhaps hiking a short time by headlamp) and reach the summit



### Mt. Kilimanjaro & Safari Experts

in 1 1/2 to 2 hours. After celebrating and taking in the view from Uhuru Peak we'll begin the long descent down to Barafu Hut for lunch and then to our camp at Mweka Camp. Hiking poles will help protect your knees on this steep descent. A long day, around 8-11 hours for average speed groups

Hiking: 8-11 hours

Summit ~19,341'

Overnight Altitude ~10,448'

A note about the descent: Hiking poles will help protect your knees on your steep descent. To help prevent the all-too-common problem of toenails getting black and blue/falling off after a climb, and knee/foot pain from the steep descent: 1) make sure your toenails are trimmed before the climb, 2) at Stella Point where you start your steep descent, lace your boots a little firmly around the ankle for the descent to prevent "toe bang" – ask your guide to show you how to do this, 3) use two poles for support and to prevent knee injuries on the descent, and 4) don't feel you must keep up with the front of the group – go at your own pace on the descent (individual differences in speed appear today when altitude issues quickly lessen and breathing becomes easier but footing is loose gravel/scree at times).

# Sept 09: Mweka Park Gate

Climbers: We make the final descent to the trailhead today, about 3-5 hours hiking. Here you will have lunch and say goodbye to your mountain crew before leaving Mount Kilimanjaro and heading back to town. Arrive at your lodge usually between 3-5 PM.

Hiking: 3-5 hours

Destination: Planet Lodge

| Climbing Only/person sharing |          | Accommodation + Arusha<br>Park/person sharing |         | Zanzibar<br>2night/person<br>sharing | Zanzibar<br>3nights/person<br>sharing |
|------------------------------|----------|---|---------|--------------------------------------|---------------------------------------|
| 1-2pax                       | =\$4389  | 1-2pax  | = \$936 | 1-2pax= \$1488                       | 1-2pax = \$1630                       |
| 4-6pax                       | =\$3304  | 4-6pax  | = \$867 | 4-6pax = \$1393                      | 4-6pax = \$1536                       |
| 8-10Pax                      | =\$3184  | 8-10pax                                       | = \$764 | 8-10pax = \$1375                     | 8-10pax = \$ 1517                     |
| 12-14pax                     | =\$2984  | 12-14pax                                      | = \$737 | 12-14pax = \$1367                    | 12-14pax= \$1509                      |
| 16-18pax                     | =\$ 2864 | 16- 18pax                                     | = \$688 | 16-18pax = \$1330                    | 16-18pax =\$1498                      |



## Mt. Kilimanjaro & Safari Experts

Accommodation prior Kilimanjaro for 3nights= Osiligilai Masai lodge Prost Kilimanajaro= Planet lodge Arusha

#### Cost for Zanzibar includes:

Accommodation at Kendwa rock resort or similar, ground transportation, Round trip flight from Arusha to Zanzibar, stone town tour, Sunset Cruise, Spice tour and Joazan forest tour.

Accommodation in Zanzibar is BB based. You this will give you a chance to visit different restaurant in the Island especial the famous Forodhani food Market.